



November 12, 2020

Two administrative changes for sleep apnea machine claims

We're making the following changes in January 2021, as part of our commitment to managing claims administration costs.

1. **Starting January 1, 2021, we'll no longer reimburse for CPAP machines in cases of mild obstructive sleep apnea.**

We'll continue to reimburse Continuous Positive Airway Pressure (CPAP) machines for moderate and severe diagnoses.

This is in keeping with industry practices and CADTH guidelines.

The Canadian Agency for Drugs and Technologies in Health (CADTH) recommends lifestyle changes for mild obstructive sleep apnea, rather than CPAP machines.

CADTH defines mild sleep apnea as an Apnea-Hypopnea Index (AHI) of under 15.

2. **Sun Life will coordinate reimbursement with provincial health coverage in Ontario, Manitoba and Saskatchewan.**

For moderate to severe cases, we'll reimburse up to a reasonable customary limit, less the amount the province covers. This will apply even if the employee doesn't take advantage of the provincial amount available to them.

These changes will help ensure you and your employees keep getting the best value from your plan.

There's a communication to share with your employees.

We've created a [notice](#) that you can share with your employees, so they're aware of this change. Please share it to keep them up-to-date on this change to claims.

Questions? We're here to help.

Please contact your Sun Life Group Benefits representative.

Group Benefits are provided by Sun Life Assurance Company of Canada, a member of the Sun Life group of companies.

