

Lumino Health Centre

On mysunlife.ca

Lumino Health, an innovation from Sun Life, is Canada's largest health network. It allows Canadians to find health and wellness information to support their health journey. Through the Lumino Health Centre, plan members can easily navigate, access and consume products and services to help them live healthier lives.

In just a few clicks, they can:



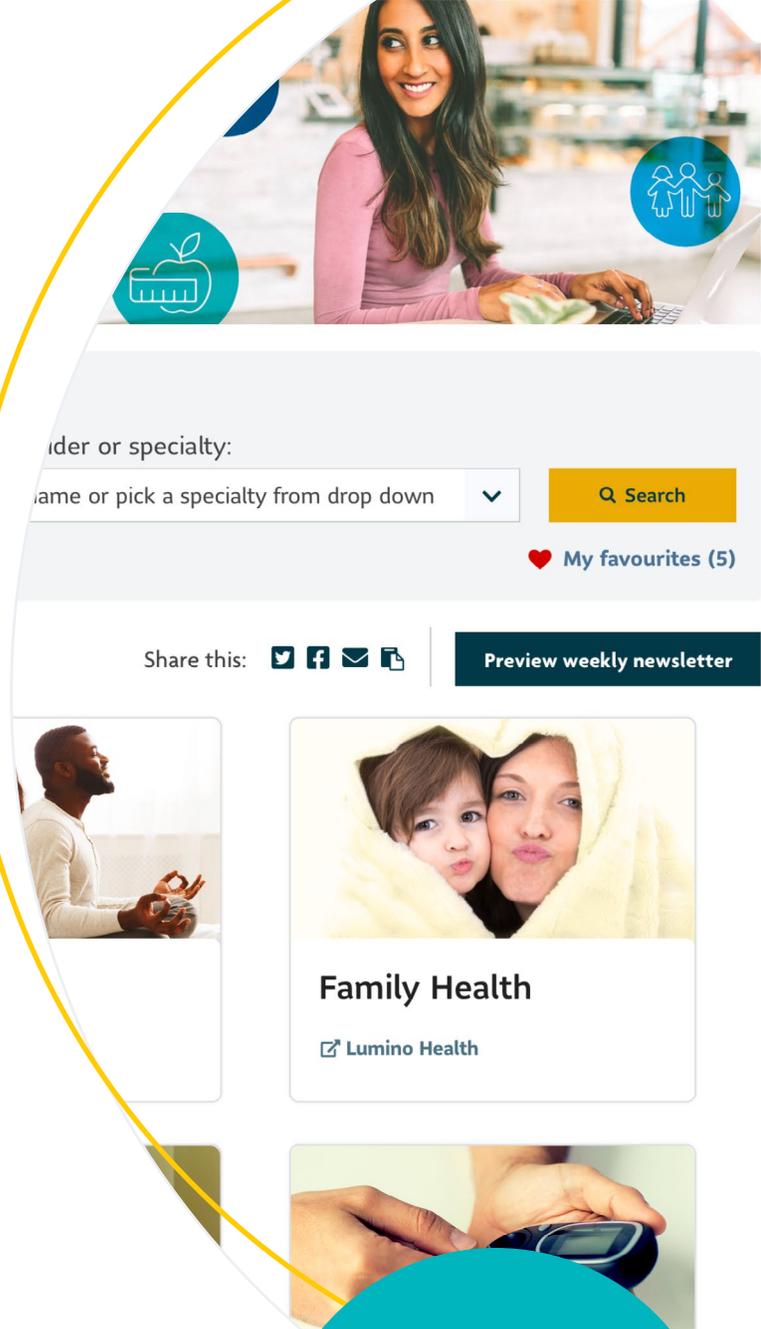
Find and book appointments with over 150,000 health professionals, some offering virtual visit options. Filters allow more detailed searches based on cost and ratings.

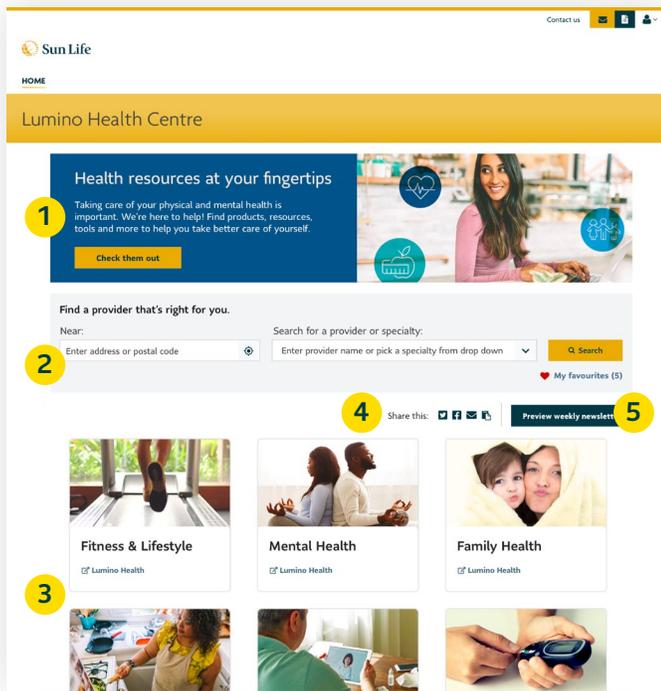


Discover health resources and offers from a wide range of companies. Also, benefit from exclusive discounts.



Access wellness and mental health articles. These articles feature advice from health experts and trustworthy organizations.





What the plan member experience looks like

1. LUMINO RESOURCES & OFFERS*

Plan members can access an array of health resources. They simply need to click on the banner at the top of the Lumino Health Centre page. They can browse among the offers featured on the carousel or in a specific category: Vision & Hearing, Medical Products & Resources, Mental Wellness, Fitness & Activity, Food & Nutrition, Family & Home, Chronic Condition Management as well as Senior Health & Care.

**This section will only be visible if Lumino Resources & Offers are part of your plan*

2. LUMINO PROVIDER SEARCH

Need to find a health-care professional? Lumino Provider Search is the most comprehensive search engine of its kind in Canada. It allows plan members to find dentists, psychologists and other health-care providers in their area. They can filter their search based on cost and ratings to make more informed decisions.

Plan members can book appointments with health professionals through Lumino Provider Search. They can also favourite their preferred providers to easily access them in the future. The “virtual visits” icon allows them to identify health professionals that may offer appointments through video or phone.

3. HEALTH-RELATED CONTENT

Plan members can browse through several health categories: Fitness & Lifestyle, Mental Health, Family Health, Diet & Nutrition, Virtual & Home Health, Diabetes as well as Aging & Caregiving. When plan members click on a specific category, they can find related articles, videos and more on the topic of their choice.

4. SHARING ENABLED

We’ve made it easy for plan members to share relevant health content with family and friends. They can do so through text, email and social media. The links shared lead to LuminoHealth.ca, not mysunlife.ca.

5. LUMINO HEALTH NEWSLETTER

Plan members can get the latest in health news by browsing through the Lumino Health newsletter. Once they click on the button, a sample newsletter opens on LuminoHealth.ca. Plan members can sign-up to receive the weekly newsletter sent by Lumino Health.