

Diabetes Awareness Month

November is also Diabetes Awareness Month and Sun Life has again partnered with Diabetes Canada to encourage Canadians to visit www.sunlifeagainstdiabetes.ca and take the CANRISK test.

One in three Canadians is affected by diabetes or prediabetes. This simple, two minute test can help Canadians take charge of their health and determine if they are at risk of developing type 2 diabetes.

We encourage all plan sponsors and their members to take the test. To learn more about how you can help manage diabetes in the workplace, please read our Bright Paper "[Diabetes: an action plan for employers](#)".

Questions?

Contact your Sun Life Financial group benefits representative.