

The latest Sun Life Canadian Wellness Return on Investment Study Update and Bright Paper are now available!

The Sun Life-Ivey Canadian Wellness Return on Investment Study is a workplace wellness research study conducted by Sun Life in alliance with the Ivey Business School at Western University. After five years of research and analysis, we're proud to report that this comprehensive, first-of-its-kind study in Canada was recently completed and we're ready to share what we've learned in the latest **The Sun Life-Ivey Wellness Return on Investment (ROI) Study Update** and **Sun Life Bright Paper on Chronic Disease in the Workplace**.

The Sun Life-Ivey Wellness ROI Study Update – what do we know?

In trying to uncover the value of wellness, we've found that measuring an ROI for an organization isn't easy. With the investment in wellness programs, a company is going to see an ROI, but it will not necessarily be immediate, or measureable in dollars. There are organizational objectives to take into account, such as competition for talent and employee engagement, in addition to the financial bottom line.

For more details, [read the ROI Study Update](#).

NEW Bright Paper! What impact does chronic disease have on employees?

Contrary to what employers think, chronic diseases are not that uncommon amongst the employee population. In fact, 59% of employees report having at least one chronic condition, according to the 2016 Sanofi Canada Healthcare survey. The Bright Paper, "Chronic disease in the workplace: focus on prevention and support" looks at the toll that these conditions are having on employees and their workplaces. Findings show that there is a significant cost to the Canadian economy – estimated at \$122 billion annually in lost productivityⁱ – in addition to having a direct cost to employers.

The research also examines what options employers have with regards to reducing the impact of these conditions, and how they can help employees gain a more thorough understanding of these diseases through awareness and education. You can [read the entire Bright Paper here](#).

Questions?

Contact your Sun Life Financial group benefits representative.

ⁱ Public Health Agency of Canada (PHAC); Preventing Chronic Disease Strategic Plan 2013-2016.