

## The 2016 edition of The Sanofi Canada Healthcare Survey provides insights into what employers and employees are looking for in their group benefit plans

The 2016 edition of The Sanofi Canada Healthcare Survey<sup>i</sup> revealed its findings on June 14, 2016 at the Fairmont Royal York hotel in Toronto. Sanofi board members – including Sun Life’s Vice President of Market Development in Group Benefits, Marilee Mark – presented an overview of the data that was collected and analyzed by the survey. Sponsored by Sun Life, the presentation of findings proceeded to three more cities across Canada, including Montreal on June 15, Halifax on June 16, and Vancouver on June 21.

### Key insights from the survey

Chronic diseases are taking their toll on workplace productivity.

- Plan sponsors estimate that 32% of their employees have a chronic condition, while plan member responses show that actually 59% report having at least one chronic disease or condition.
- With regards to these conditions, both plan sponsors and their members are interested in learning more about these diseases, how they affect the individual and the workplace, and what treatments and therapies are available.

Job satisfaction was found to make a difference when it came to employees choosing to do something to positively impact their health.

- Employees who had access to health and wellness programs at their workplace were found to be satisfied with their current jobs (80%) compared to those without such programs (66%).
- It was also found that those who were unsatisfied with their jobs were also more likely to perceive their work environment as having a negative impact on stress management.

Sun Life’s belief in the importance of integrated health management plans is consistent with plan sponsors’ goals for the future of their plans.

- Plan sponsors are more willing to invest in programs or services aimed at preventing future claims (43%) than they are in programs or services that aimed at reducing current claims (18%).

Overall, plan sponsors look to their carriers for education and guidance, both for themselves and their employees. They want to have a healthier workplace that is informed about the options available to them, and the choices they can make to help improve personal and professional health. You can access a copy of the full report on the Sanofi website at [www.sanofi.ca](http://www.sanofi.ca). To read the executive summary of the survey, click [here](#).

## About Sanofi

Sanofi, a global healthcare leader, discovers, develops and distributes therapeutic solutions focused on patients' needs. Sanofi has core strengths in diabetes solutions, human vaccines, innovative drugs, consumer healthcare, emerging markets, animal health and Genzyme.

## Questions?

Contact your Sun Life Financial group benefits representative.

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<sup>1</sup> The Sanofi Healthcare Survey used data from a national sample of 1,500 plan members, collected online from January 4-6, 2016, and 500 plan sponsors collected online from January 4-12, 2016.