

Sun Life-Ivey Canadian Wellness ROI Study summary of preliminary findings

Sun Life is excited to be able to share the latest from our preliminary findings from the Sun Life-Ivey Canadian Wellness Return on Investment Study (Sun Life-Ivey Wellness ROI Study). Data analysis to date reinforces workplace wellness best practices and supports the need for a strategic approach.

In this latest update, the study has identified five success factors which include leadership, organizational practices, organizational health evaluation, programming and communication. Data so far supports the need for an organization to prioritize their wellness program in order to see the most benefit for its employees from its implementation.

Through robust workplace wellness programs, overall employee health has improved, knowledge and awareness about personal health has increased, and employee risk reduction is on the rise. In a competitive market, healthy employees are a business advantage and the findings of this study are helping Sun Life to continue its work on strengthening the programs we currently offer.

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This [PDF document](#) provides an update on the Sun Life-Ivey Wellness ROI Study progress and future plans for sharing insights. Past updates and more information on the study can be found at sunlife.ca/WellnessROIstudy.

Stay tuned for the full release of research study findings later this year!

Questions?

Contact your Sun Life Financial group benefits representative.