



We're here to support you by making your disability claims experience easier.

We've made it easier for you to submit your disability claims with Sun Life. Now, you can submit disability claims by signing in to **mySunLife.ca** or through the **my Sun Life mobile app**. You don't have to mail your completed paper forms to us.

You can also find a copy of the **Attending Physician's Statement** for your doctor to fill out. Then, you can quickly and easily upload and submit your claim forms online.

When submitting your claims online you can:



save copies of the forms you submit



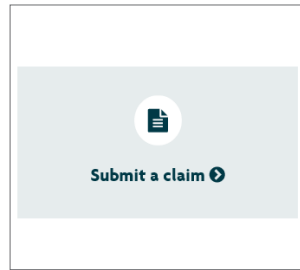
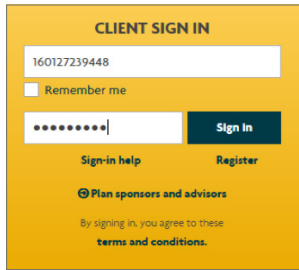
check the steps you need to follow, the status of your claim and your Disability Case Manager's name once they have been assigned – wherever and whenever it's convenient

To submit your claims online, register at **mySunLife.ca**. You can register for your Sun Life online account through our website, **mySunLife.ca**, or through the **my Sun Life mobile app**. If you haven't submitted a disability claim before, follow the instructions to begin.

Life's brighter under the sun

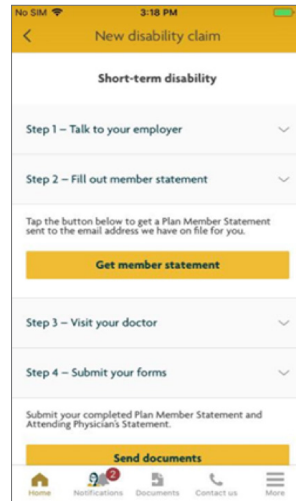
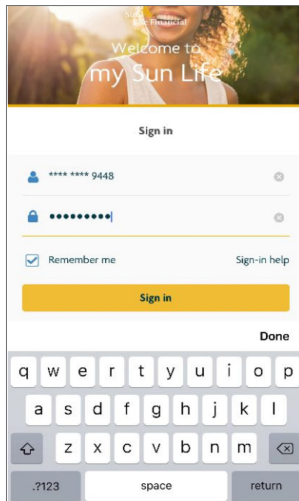


To begin your disability claims online:



1. Sign in to **mySunLife.ca**.
2. Under **Benefits**, select **Submit a claim**.
3. Follow the steps to submit your Long-term or Short-term disability claim. Your employer will need to submit a **Plan Sponsor Statement** before you can view your claim online.

To begin your disability claims on our app:



1. Sign in to the **my Sun Life mobile app**.
2. Under **Benefits**, select **Submit a claim**.
3. Follow the steps to submit your Long-term or Short-term disability claim. Your employer will need to submit a **Plan Sponsor Statement** before you can view your claim on our app.

Download the **my Sun Life mobile app** if you don't have it already. It is available on Android and Apple devices.



If you have any questions about disability claim forms or coverage information, please call us at **1-800-361-6212**, any business day from 8 a.m. to 8 p.m. ET.

* Statement forms that are custom to your plan can't be filled out and submitted online. They must be printed, filled out, scanned and then uploaded.

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Group Benefits are provided by Sun Life Assurance Company of Canada, a member of the Sun Life Financial group of companies.

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