

Just ask Alexa:

You can now manage your benefits by voice

Yours may be one of the one-third of Canadian households¹ with smartspeakers that deliver voice services like Alexa.² That puts your benefits even closer.

Voice commands make it easy to manage benefits

As well as hearing about balances for your Health Spending Account (HSA) and Personal Spending Account (PSA), if applicable, you can now get recent claim status reminders and more.



Submit a claim

- For massage, chiropractic, physiotherapy and psychologist services.
- Have Alexa ask you about the basic information we need for the claim and enter it for you.



Claims status

- Check medical and dental claims for the past 30 days.
- Ask whether a claim is under review or complete.
- Check the payment amount.



Provider search

- Find doctors, dentists, paramedical practitioners, including virtual care providers.
- Get location, ratings and cost ranges via a text message.
- Request or book an appointment.
- Receive articles relating to the provider type or service searched.



Health check-in

- Alexa starts by asking a few questions. Then directs you to free resources on **sunlife.ca** or Mental Health Coach, if you have this service.



Coverage details

- Check balances, deductibles, limits and percentage covered for yourself and your family members.
- Find out when you're eligible for your next visit.



Investment performance

- Available if you have a Sun Life workplace savings plan.
- Hear your investment account updates.
- Check rates of return.

You can use your Alexa device, Alexa mobile app or the my Sun Life Mobile app to connect

You can open the Sun Life skill by saying, "Alexa, open Sun Life," or you can start by saying:

"Alexa, ask Sun Life to submit a claim."

"Alexa, ask Sun Life to do a health check-in."

"Alexa, ask Sun Life to check my workplace investments."

When you link your account on **my Sun Life Mobile**, you don't have to sign in a second time.

You can find all the information you need to connect with Alexa at sunlife.ca.

¹ https://mtm-otm.ca/_files/PressRelease/2020-06-18-en.pdf

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