

# Understanding My Coverage



## Name change: Morneau Shepell rebrands to LifeWorks

The Sun Life **RightDirections**™ Employee Assistance Program (EAP) offered to you by your employer, is powered by Morneau Shepell. To reflect their commitment to leadership and innovation in well-being solutions, Morneau Shepell changed their name to LifeWorks. To read the press release about the company's recent name change, please [click here](#).

This name change won't impact the **RightDirections**™ program. And you can continue to use the same phone number and website to access EAP services. We're currently working with LifeWorks to update our **RightDirections**™ website and marketing materials.

For free professional and confidential assistance to help you manage work, health and life challenges, please call 1-855-544-7722 or visit <https://www.workhealthlife.com/sunlife>.

Accessing **RightDirections**™ content online

To protect your online safety, we recommend you use the most recent version of your web browser when accessing **RightDirections**™ EAP services through the Lifeworks (formerly Momeau Shepell) website.

Questions?

Please call LifeWorks at 1-855-544-7722, 24/7.