

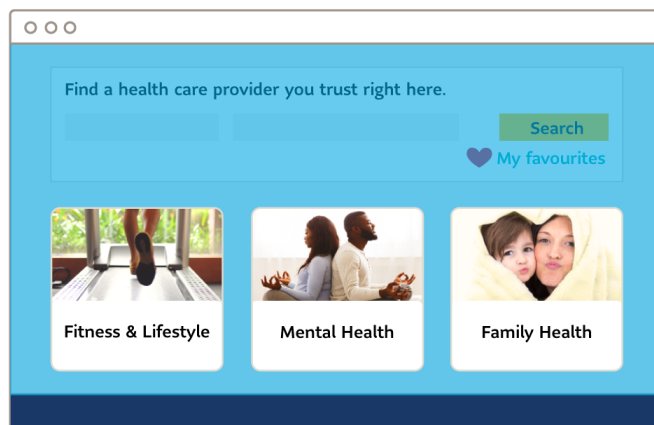


## Sun Life is committed to helping you live a healthier life.

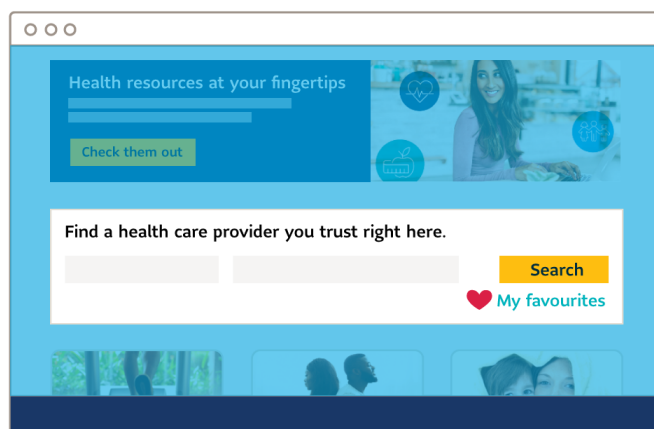
That is why we've enhanced your Sun Life digital experience by adding the **Lumino Health Centre**. This centre makes it easier for you to access everything you need to manage your physical and mental health.

[Start exploring today!](#)

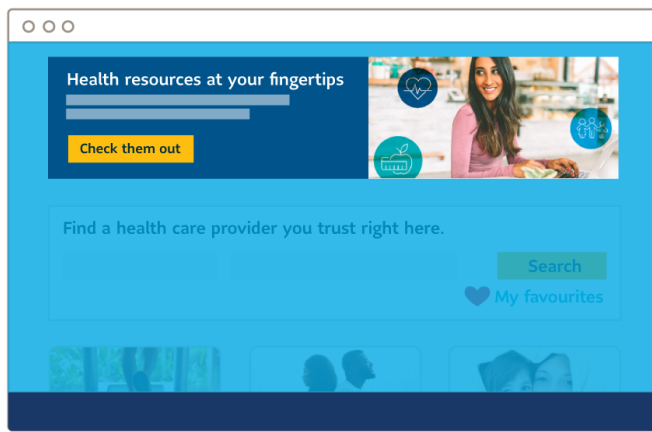
### Articles and videos from health professionals.



### Easy online booking for health-care appointments



### Exclusive offers and discounts on innovative apps and health products



Consider this your health hub. You can keep coming back to find information to keep you and your family healthy.

**Start exploring today!**

Sincerely,  
The team at Sun Life

**Life's brighter under the sun**

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Sun Life Assurance Company of Canada is the insurer, and is a member of the Sun Life group of companies.

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