

Health Category	Name	Type of Solution	Cost	Discount	Language
Senior Health & Care	AGE-WELL	Health Resource	Free	Free	Bilingual
	Bayshore Home Health	Product/Service	Fee for product/service	Free in-home assessment	Bilingual
	Caretrak Medical Alert GPS	Product/Service	Fee for product/service	15% off	English
	Elizz	Health Resource	Free	Free	English
	Lianas Senior Transition Support	Product/Service	Fee for product/service	15% off	Bilingual
	Ovidis	Product/Service	Fee for product/service	20% off purchase	Bilingual
	LivingWell Companion™	Product/Service	Fee for product/service	Up to \$10 off / month	Bilingual
	Ontario Caregiving Organization	Health Resource	Free	Free	Bilingual
Chronic Condition Management	Diabetes Canada	Health Resource	Free	Free	English
	Cardiac College	Health Resource	Free	Free	English
	Diabetes College	Health Resource	Free	Free	Bilingual
	JDRF	Health Resource	Free	Free	Bilingual
	Manage My Pain	Product/Service	Fee for product/service	5 free report credits	English
	Lung Health Foundation	Health Resource	Free	Free	English
	Canadian Diabetes Prevention Program	Program	Free	Free	Bilingual
Mental Wellness	211.ca	Health Resource	Free	Free	Bilingual
	HeadsUpGuys	Health Resource	Free	Free	English
	Anxiety Canada	Health Resource	Free	Free	English
	LigneParents	Health Resource	Free	Free	Bilingual
	Tel-Jeunes	Health Resource	Free	Free	Bilingual
	Friends for Mental Health	Health Resource	Free	Free	French
	Mindshift CBT	Health Resource	Free	Free	English
	BounceBack	Health Resource	Free	Free	Bilingual
	Snapclarity	Product/Service	Fee for product/service	\$35 off first month's subscription	Bilingual
	MindBeacon	Product/Service	Fee for product/service	\$79 off full course of therapy	Bilingual
	CAMH	Health Resource	Free	Free	Bilingual
	Pzizz	Product/Service	Fee for product/service	30% off	English
	Jack.org	Health Resource	Free	Free	Bilingual
	MyLife	Product/Service	Fee for product/service	25% off	English
Kwit	Product/Service	Fee for product/service	30% of premium membership	English	
Food & Nutrition	Yumi Organics	Product/Service	Fee for product/service	10%	Bilingual
	Cookit	Product/Service	Fee for product/service	\$80	Bilingual
	Evive Smoothie	Product/Service	Fee for product/service	30%	Bilingual
	Fresh City Farms	Product/Service	Fee for product/service	\$100	English
	Canada's Food Guide	Health Resource	Free	Free	Bilingual
	Aura Nutrition	Product/Service	Fee for product/service	25%	English
	Cronometer	Product/Service	Fee for product/service	20%	English
	HEAL Nutrition	Product/Service	Fee for product/service	Up to \$70	English
	Naked Snacks	Product/Service	Fee for product/service	20%	English
	WW (Weight Watchers reimagined)	Product/Service	Fee for product/service	40%	Bilingual
	Plant Nanny	Product/Service	Fee for product/service	Free in-app rewards	English
Fitness & Activity	Fabulous	Product/Service	Fee for product/service	60%	English
	LIFT Session	Product/Service	Fee for product/service	Up to 30%	English
	MindBody	Product/Service	Fee for product/service	Free	English
	Nimbleback	Product/Service	Fee for product/service	Up to 20%	English
	RunGo	Product/Service	Fee for product/service	Free trial of premium	English
	THRiVE	Program	Free	Free	Bilingual
	Seven Movements	Product/Service	Fee for product/service	25%	English
	YogaTribes	Product/Service	Fee for product/service	15%	Bilingual
	ParticipACTION	Health Resource	Free	Free	Bilingual
	Movr	Product/Service	Free	Free	English
Family & Home	ATTITUDE	Product/Service	Fee for product/service	10% off	Bilingual
	CANImmunize	Health Resource	Free	Free	Bilingual
	HUSH Blankets	Product/Service	Fee for product/service	\$35 off	English
	iMD Health	Health Resource	Free	Free	English
	MediaSmarts	Health Resource	Free	Free	Bilingual
	Movember	Health Resource	Free	Free	English
	School Success	Product/Service	Fee for product/service	\$50 off one session	Bilingual
	Smart Nora	Product/Service	Fee for product/service	10% off	English
	Well.ca	Product/Service	Fee for product/service	10% off	English
	SKIP	Health Resource	Free	Free	Bilingual
	Heart & Stroke Foundation of Canada	Health Resource	Free	Free	Bilingual
	Shapa	Product/Service	Fee for product/service	25% off membership	English
Vision & Hearing	Clearly	Product/Service	Fee for product/service	Up to 30% off	Bilingual
	Hearing Life	Product/Service	Fee for product/service	10% off hearing aids	English
Medical Products & Resources	Accucare Canada	Product/Service	Fee for product/service	15% off	Bilingual
	EQ Care	Product/Service	Fee for product/service	3 months free with annual subscription	Bilingual