

Key messages

Mental health issues are on the rise

Lumino Health Virtual Care's Stress Management and Well-Being program, powered by Dialogue is here to help. Here's what makes this program so great for you and your Clients:



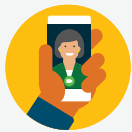
Plan members receive unlimited therapy sessions until remission at a low/fixed rate per member per month. No out-of-pocket cost to the plan member or their eligible dependents.



Access to a care team that includes psychologists, psychotherapists, social workers, doctors, nurses, and medical specialists 24/7.



Industry's lowest wait times to consult with a therapist (within 24 hours instead of days or weeks).



Virtual consultations conducted at the time and location most convenient for members (no commute time!).



Medical information forwarded to the plan member's family doctor upon request to ensure that services complement care already being provided elsewhere.



Follow-up appointments on each and every call made through to the service. Ensures continuity of care.

The Stress Management and Well-Being program can help break through many of the barriers Canadians face when it comes to getting mental health treatment.

For more information, please visit: sunlife.ca/gbstressmanagement

Life's brighter under the sun

Group Benefits are provided by Sun Life Assurance Company of Canada, a member of the Sun Life group of companies. VC-9581 01-22 ry-mp



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Health