

# Keeping your family healthy with Lumino Health Virtual Care



If you have any dependents (spouse and/or children), they also have free and unlimited access to [Lumino Health Virtual Care](#). Be proactive and add or invite them to your account now. It only takes a minute.

## Add your family



### How to add a spouse or child aged 14 and over

- Open the app and go to "Profile"
- Click on "Family"
- Click on "Add adult (14+)"
- Enter their email address and click on "Send invite"
- Your spouse or child (14+) will receive a welcome email that will guide them through the process of setting up their own account



### How to add a child under the age of 14

- Open the app and go to "Profile"
- Click on "Family"
- Click on "Add child (0-13)"
- Fill out the child's information (including an ID card) and sign a consent form
- Start consulting for the child under your own account

## The Lumino Health Virtual Care Experience

- Consultations via phone, video, and text
- For you and your family
- Renewal and refills of prescriptions
- Available 24 hours a day, 7 days a week
- Specialist referrals and lab requests
- Privacy and security



Download the app on [Google Play](#) or the [App Store](#).

**Lumino**  
Health

 **Sun Life**

**Life's brighter under the sun**

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