# Lumino
## Health

Sun Life

# Improving well-being by removing barriers to quality care

## Welcome To Lumino Health Virtual Care

Lumino Health Virtual Care is the leading Canadian virtual care platform offering a portfolio of health-care services to keep you and your family healthy.

We are here to help Canadians be happier, healthier, and performing at their best by providing access to health and wellness resources.



Powered by Dialogue

## When To Contact Us

We are here to help across a broad range of common ailments. Below are examples of the conditions we can evaluate or treat virtually through our app.

Conditions such as sinus pain, headaches, cough, fever, vomiting or diarrhea

Dermatology conditions such as skin rashes, hives or abrasions

Minor emergencies such as a urinary tract infection, conjunctivitis or sinusitis

Mental health questions, such as stress, anxiety, fatigue or depression

Advice on minor injuries such as cuts, bites, muscular or joint pains

Sexual health (sexually-transmitted infection (STI) information and screening)

# The Lumino Health Virtual Care Experience

### Consultations via phone, video, and text
Choose your preferred method of communication for all consultations at a time and place that works for you.

### Family coverage
Unlimited access to nurses, nurse practitioners, and doctors for your dependents and your spouse.

### Prescription renewals and refills
Receive medication prescriptions and renewals for conditions that can be safely evaluated or treated through virtual care. Have medication delivered for free to your doorstep.

### Specialist referrals and lab requests
If your condition is something we can evaluate and it requires blood tests, imaging or a referral, Dialogue can assist with those as well.

### Health-care navigation
Guiding you toward the appropriate health-care system resources when an in-person consultation is needed.

### Privacy and security
Our platform is 100% confidential and secure. Under no circumstance can your employer or family members access your information or health records.