

<% var name = recipient.firstName; name = name.toLowerCase().replace(/b[a-z]/g, function(e) { return e.toUpperCase(); }); %>



Sponsored

## Take back control.

Hello <%=name%>,

There is a lot of information out there on how to manage type 2 diabetes and it can feel overwhelming to figure out what's going to help you reach your goals.

That's why Sun Life and Lumino Health Pharmacy™, with pharmacy services provided by Pillway, have partnered to deliver an evidence-based approach to help you reach your diabetes goals, whether it's bringing your blood sugar levels down or achieving remission.\*

So why wait? Take control of your diabetes today and book a free 30-minute consultation with a Pillway pharmacist to understand what is possible for you.

[Book my free consultation](#)

### What you get from the program

#### Personalized care

If you are not already using a FreeStyleLibre 2, you can get a free trial kit as part of your consultation with a pharmacist. Allowing you to share your glucose levels with your Diabetes Care Team to build an easy-to-follow personalized plan based on your individualized health needs and goals.

#### Achievable outcomes

A care team of specialized diabetes healthcare professionals will help you build an easy-to-follow care plan to help you build healthy lifestyle habits that last, lower your blood sugar, and work towards the goal of diabetes remission\*.

#### Professional support

Through regular 1:1 check-ins with your virtual care team you will find the confidence to take actionable, real-world steps to better manage your diabetes and get back to living life to the fullest.

### Steps to register

- 1. Register for or sign in** to Lumino Health pharmacy to access the Diabetes Care Program.  
(**Tip:** If you have not already registered, you can use the same username and password you use for [mysunlife.ca](#).)
- 2. Complete your patient profile.**  
Add your current prescriptions to help guide your virtual consultation with the pharmacist.
- 3. Pick a date and time** that works best for you.  
Schedule your 30 min virtual consultation to assess your needs and goals.

[Let's get started](#)

\*Type 2 diabetes remission is defined as achieving specified glycated hemoglobin (A1C) thresholds without any antihyperglycemic medications for a minimum of 3 months: remission to prediabetes (A1C between 6.0% and 6.4%) and remission to normal glucose concentrations (A1C <6.0%).

**Remission may not be possible for some individuals with type 2 diabetes.** Remission of diabetes is not synonymous with cure. Ask your healthcare professional for more information.

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### Life's brighter under the sun

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