

# Tips to avoid benefits fraud and abuse



1. Those without coverage under your plan can't use your benefits.



2. Keep your receipts for at least one year.



3. Never sign a blank claims form.



4. Check that receipts are correct and reflect the service or product you actually received.



5. Check your claims history and explanation of benefits regularly by signing into **mysunlife.ca** or the **my Sun Life mobile app**.



6. Review emails from Sun Life notifying you about changes made to your on-line account and immediately report any that you did not make.



7. Keep your passwords confidential and protect your personal information.

If you suspect fraud or benefits plan abuse, please report it.

Email [clues@sunlife.com](mailto:clues@sunlife.com) or call the toll-free

Sun Life fraud tip line: **1-888-882-2221**.

**To learn more about benefits fraud and abuse, download these helpful [resources](#) and visit our [Fraud Risk Management web page](#).**

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Group Benefits are provided by Sun Life Assurance Company of Canada, a member of the Sun Life group of companies. FR-9534-E 10-21 np-mp

