

Did you know?



Lumino Health Virtual Care, from Sun Life, powered by Dialogue, gives you access to a wide range of health-care professionals. You can consult virtually with a team of health specialists through Lumino Health Virtual Care at your convenience. Our specialists can determine whether a consultation is right for your situation.

Please note that there is a fee to consult with our allied health specialists (our core services, however, are free). [Speak with our team.](#)



Psychologists

- Change your behaviour to improve your health
- Achieve work/life balance with a busy career
- Get referrals to specialists or labs, as clinically recommended



Nutritionists

- Boost your energy levels by eating the right foods
- Establish a personalized diet and gain practical lifestyle advice
- Fine-tune your diet if you are experiencing digestive problems



Life Coaches

- Set and achieve both personal and professional goals
- Make key decisions and design strategies for success
- Navigate life's challenges

Create your account today on [iOS](#), on [Android](#) or on [Google Chrome](#), [Safari](#) or [Firefox](#).

To learn more about Lumino Health Virtual Care, visit sunlife.ca/luminovc.

Lumino
Health

 **Sun Life**

Life's brighter under the sun

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