

A HEALTHY WORKFORCE IS ONE OF YOUR MOST VALUABLE ASSETS



You want your employees to be healthy and productive and you've given them access to the group benefits they need to help manage their health. Yet, is there more you can offer through your plan to help them better manage their individual needs?



A Personal Spending Account

A Personal Spending Account (PSA) gives your employees the flexibility to access the health and wellness activities, supplies and services that best meet their personal needs.

BENEFITS

Cost certainty

As part of your group benefits plan, a PSA is funded by you each year, with a set dollar amount per employee. PSA claims are treated as a taxable benefit to employees, and unused PSA credits are left in your account.

Employee health & productivity

The health and wellness expenses eligible under a PSA are designed to further enhance employee health and productivity by covering additional expenses not found in a traditional groups benefits plan.

Choice & flexibility

A PSA can be used by employees to proactively manage their health by reimbursing them for eligible expenses.

The employer funds the personal spending account so employees can claim health and wellness expenses like:



Mobile and web app costs for fitness, health and financial health



Fitness tracking tools



Cosmetic procedures



Day spa services



Online courses



Cultural activity passes



Smartphones and tablets



Green living

And submitting claims is fast and easy through the my Sun Life Mobile app or through mysunlife.ca.

PSA's are popular



119,000
claims in 2017



Investing in health

Nearly **70%** of PSA claims went towards fitness equipment and fitness services



TOP 3 categories predicted for 2019

- ☆ Fitness Equipment
- ☆ Green Living
- ☆ Education

Learn more at sunlife.ca/psa

Life's brighter under the sun

Group Benefits are provided by Sun Life Assurance Company of Canada, a member of the Sun Life Financial group of companies.
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