

Financial wellness webinars

Hosted by Sun Life, these on-going monthly webinars are designed to boost your financial literacy and help you achieve financial wellness.



When can I attend?

Our webinars are scheduled with your convenience in mind. Below is the schedule (in ET) for the English webinars for the remainder of 2019.

Connect with your money	Monday July 29, 2019 Monday August 26, 2019 Monday September 30, 2019 Monday October 28, 2019 Monday November 25, 2019	12:00 p.m. 12:00 p.m. 3:00 p.m. 3:00 p.m. 12:00 p.m.
Are you retirement ready?	Wednesday July 24, 2019 Wednesday October 23, 2019	9:00 p.m. 12:00 p.m.
Bridging the gap between your health and finances	Tuesday August 20, 2019	3:00 p.m.
Where there's a will, there's a way	Thursday September 12, 2019	3:00 p.m.
Managing your money	Tuesday October 15, 2019	9:00 p.m.
Investing with confidence Part I: The essentials	Wednesday November 6, 2019	12:00 p.m.
Investing with confidence Part II: A closer look	Wednesday November 20, 2019	8:00 p.m.
Creating your financial roadmap	Thursday December 5, 2019	3:00 p.m.



How do I register?

1. Visit [mySunLife.ca/mymoney](https://mysunlife.ca/mymoney)
2. Select the webinar you wish to attend.
3. Select the time convenient for you.
4. Fill out the online form. You'll receive an email confirmation once completed.

We hope you enjoy the sessions. We'd love to hear your feedback after each webinar.