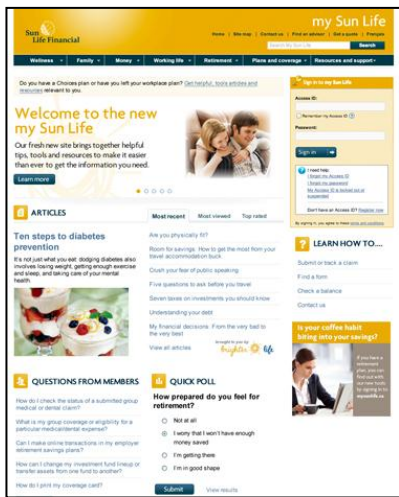


UNDERSTANDING my coverage

November 28, 2013

my Sun Life – better than ever

In mid-December you'll see a fresh new look on mysunlife.ca. All the information you need is just a click away – you can access resources, tips and tools to help you understand and navigate your group plan, protect your health and that of your family, and much more.



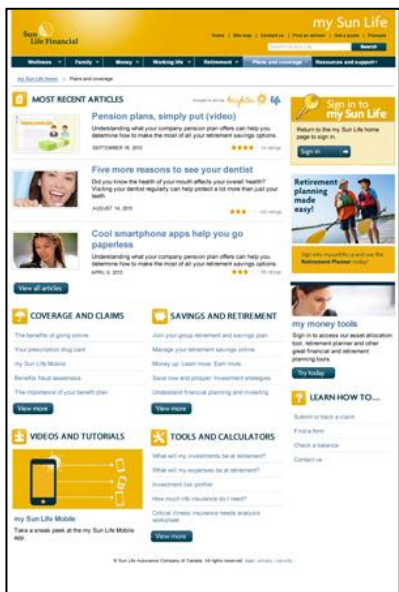
WHAT'S NEW?

- **New navigation** for easy access to information and resources relevant to you – not only related to your group plan and coverage, but also wellness, family, money, working life and retirement.
- **Informative articles** on a wide variety of topics. Tell us what you think of each article by rating it!
- **Answers to questions** from plan members and insightful polls on a wide range of topics.

PLANS AND COVERAGE

Information that was previously found in the **Group Benefits** section can now be found in the **Plans and coverage** section. In addition, check out what's new in Plans and coverage:

- **Information and practical tips** about your coverage, claims and managing your health, as well as savings and retirement.
- **Tools and calculators.**
- **Easy-to-follow videos and tutorials.**
- **Learn how to...** information to help you use and navigate your group plan more effectively, e.g., how to submit or track a claim.



And for more information about your health and your group plan, take a look at the **Wellness and Resources and support** sections of my Sun Life.

Questions?

If you have any questions, please contact the Customer Care Centre at 1-800-361-6212.