

UNDERSTANDING my coverage

April 4, 2013

Reminder: Alberta massage therapy claims process changes on May 1, 2013

Last year Sun Life updated you with a [communication](#) on the process of massage therapy claims in Alberta.

This is to remind you that beginning May 1, 2013, Sun Life will only recognize Natural Health Practitioners of Canada (NHPC) massage therapy members in good-standing who have 2,200 hours of formal training, have been grandfathered by the NHPC or have successfully completed the Competency Equivalency Exam (CEE). We will no longer recognize NHPC members who have only completed the Massage Therapy Competency Assessment Process (MTCAP).

What this means to you

Claims for services rendered by a massage therapist in Alberta who belongs to the NHPC will only be considered for reimbursement if that practitioner has the required hours of training, passed the CEE or been grandfathered by the NHPC.

If you have a practitioner who is registered with another association in Alberta recognized by Sun Life, you are **not** affected by this change. These associations are:

- London and Counties Society of Physiologists
- Massage Therapist Association of Alberta (MTAA)
- Remedial Massage Therapists Association (RMTA)

Next steps

If your massage therapist is a member of the NHPC, it is recommended that you ask him or her if they have successfully completed the Competency Equivalency Exam (CEE) or been grandfathered. Only expenses for services performed by NHPC massage therapists who have completed the necessary requirements, will be eligible for reimbursement.

Questions?

If you have any questions about which massage therapy associations Sun Life recognizes across Canada, please contact our Customer Care Centre toll-free at 1-800-361-6212 (Monday to Friday, 8 a.m. to 8 p.m. ET).