

# Long-term care costs

In New Brunswick 2022

## Residential Facilities

### How Nursing Homes are organized and administered

Nursing homes in New Brunswick are residential long term care facilities that provide accommodation, supervisory care, personal care and nursing and medical services on a 24-hour basis. Nursing home facilities are approved and monitored by the Department of Health. The Department of Health also sets the fees for nursing homes, which include room and board, as well as required supervision and assistance with activities of daily living.

Assessment, waiting lists and admission into a nursing home are managed by the Department of Social Development and Nursing Home Services. An assessment will be conducted to determine a client's needs and will help the client transition into a nursing home.

Costs	
	Per Day
Accommodation	\$113.00

### How Retirement Homes are organized and administered

A retirement home in New Brunswick is a multi-residence housing facility that provides accommodation and services such as meals and cleaning services for older people.

Retirement homes in the province are privately owned and operated and not administered by the provincial government. Each facility usually provides a private or semi-private room or complete living suite and then also provides common living quarters, including a lounge area, a common dining room, recreation rooms, cleaning services, social and/or religious programs and some basic health care services. The unit can be paid for on a monthly fee basis, like an apartment, or can in some instances be bought the same way as a condominium.

Admissions, fees and waiting lists for retirement homes are controlled by the homes themselves, not by the government. Admission usually depends on ability to pay and absence of serious medical conditions that require professional nursing care. Residents are responsible for paying their own fees and government subsidies are not available for accommodation in a retirement residence.

Costs	
Room Type	Monthly Rate
Private Room	\$1,005.00 - \$3,900.00
One Bedroom Suite	\$2,795.00 - \$3,900.00

## Home Care

### How Government -subsidized home care is organized and administered

Publicly funded home support services are designed to help clients remain independent and in their own home for as long as possible. Home care services include professional health care services as well as personal care services such as bathing, dressing, grooming and light household tasks that help to maintain a safe and supportive home.

In New Brunswick, home care is managed by the Department of Social Development. The Department of Social Development will send a care co-ordinator who will assess how the person functions, the level of supervision needed, the level of care needed and the ability of the family to provide the required care. The hours of home care granted by the Department of Social Development will depend upon assessment. In exceptional circumstances the maximum will be 336 hours per month, particularly to meet special needs and/or prevent admission to a nursing home.

### Private home care - no government subsidy

Home care resources through the Department of Social Development are limited and go to the neediest. As a result, many seniors get inadequate amounts of home care services and have to rely on private home care services to receive the appropriate amount of care.

### How adult day care programs work

Adult day programs are designed for dependent adults/seniors, physically located in the community, to provide a safe group setting during the day when family members are not available to care for them. These centres are usually open daily, Monday through Friday (some on Saturday as well). They provide a secure, caring and positive setting for those who are experiencing memory loss, communication disorders, social isolation or physical disabilities. Nutritious lunch meals are provided which usually accommodate any special diet, along with an afternoon snack. Participants need to be mobile, with the possible assistance of a cane, walker or wheelchair. Adult day programs can be public or private, non-profit or for-profit.

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#### Costs

In-home support services are not covered by Medicare. As a result, a contribution scale is used to determine the client's contribution towards the cost of services. The government will pay for those who are unable to pay the full cost of their services. No income or very low income clients may receive in-home support services for no charge. Those clients with low income may pay a nominal per hour fee. The hourly fee for in-home support services would vary according to the client's income (as determined by the Standard Family Contribution Procedures).

The contribution is based on family income minus income taxes, statutory employment deductions, private health insurance premiums and Long Term Care insurance premiums.

#### Costs

Type of Service	Provincial Rate (per hour)
In home meal preparation	\$21.50 - \$30.00
Personal Care (bathing/dressing)	\$22.00 - \$30.00
Skilled Nursing*	\$48.00 - \$75.00
24-hour live-in care	\$27.50 - \$30.00
* Fees listed are for RNs however, these fees may vary depending on the type of nurse, such as a Registered Nurse (RN) or a Licensed Practical Nurse (LPN), delivering the care.	

#### Costs

	Daily Rate
Includes meals, snacks and transportation	\$10.00